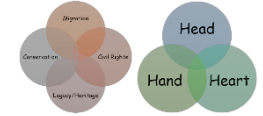

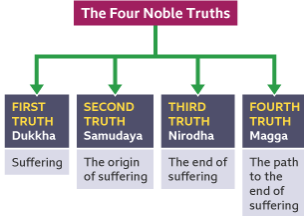











Year 5 – Spring 1 – RE – Pupil Knowledge Organiser



What do I already know?			What am I learning now?		
<ul style="list-style-type: none"> Everyone grows and changes as they get older. Siddhartha Gautama was a Hindu prince; he is the founder of Buddhism. Some people spend time looking for peace, knowledge, and the meaning of life. Siddhartha Gautama meditated under a Bo-tree and reached enlightenment. Religions try to help and explain to people how to live good lives. Religions often have symbols associated with them. 			<ol style="list-style-type: none"> What can we recall about the Buddha? What Siddhartha decide to do with his new life? What are the 4 Noble Truths? Why does Buddhism have a wheel as a symbol? What is the rest of the 8-fold path? Is following the middle way easy? 		
Significant People		Key Knowledge: Buddhist Beliefs		Key Vocabulary	
<p>Siddhartha Gautama</p>  <ul style="list-style-type: none"> Also known as the Buddha. Born around 2500 years ago into a rich Hindu family in Lumbini, modern-day Nepal. Was expected to become a great king. Left the palace and became an ascetic. 	<p>The Four Noble Truths</p>  <p>Buddhists believe in the Four Noble Truths.</p>	<p>enlightenment</p> <p>ascetic</p> <p>suffering (dukkha)</p> <p>craving (tanha)</p> <p>dharma</p> <p>mindfulness</p> <p>meditation</p> <p>self-discipline</p>	<p>A deep understanding of the truth about life and how to stop suffering.</p> <p>Someone who gives up comforts and pleasures to focus on a spiritual life.</p> <p>The pain and sadness people feel in life.</p> <p>Wanting things very much, which can lead to unhappiness.</p> <p>The teachings of the Buddha about how to live a good and balanced life.</p> <p>Paying close attention to what you think, feel, and do.</p> <p>A way to calm the mind and focus through quiet thinking.</p> <p>Controlling what you say and do to make good choices, even when it's hard.</p>		
Religious Source of Wisdom			<p>The Dharma Wheel (Dharmachakra) is an important symbol in Buddhism.</p>  <p>Its eight spokes represent the Eightfold Path.</p>		<p>The Middle Way is a balanced way of living that avoids too much luxury or too much hardship.</p> <p>Following the Middle Way requires mindfulness, effort, and self-discipline.</p> <p>Challenges include avoiding harmful speech, keeping focus, and living ethically.</p> <p>The Middle Way is not about being perfect, but making positive choices.</p>
 <p>The Pali Canon (The Tipitaka)</p>	 <p>Dhammacakkappavattana Sutta</p>	<p>Eightfold Path is the eight steps to live a good life.</p> 			
Believing	Thinking	Living			
 <p>The Buddha did not think God existed, does this matter?</p>	 <p>If the King had not locked his son up, would he have become the Buddha?</p>	 <p>Should we all try to follow the 8-fold path?</p>			